



Dry Eye Questionnaire

Patient Name: _____ **Date:** _____

Have you recently experienced any of the following with your eyes?

- | | |
|--|--|
| <input type="checkbox"/> Gritty or scratchy sensation? | <input type="checkbox"/> Redness? |
| <input type="checkbox"/> Burning? | <input type="checkbox"/> Itching? |
| <input type="checkbox"/> Watering? | <input type="checkbox"/> Excess Mucus? |
| <input type="checkbox"/> Pain or soreness? | <input type="checkbox"/> Blurred vision? |

Are your eyes sensitive to any of the following conditions?

- | | |
|---------------------------------|--|
| <input type="checkbox"/> Light? | <input type="checkbox"/> Computer screens? |
| <input type="checkbox"/> Wind? | <input type="checkbox"/> Heaters? |
| <input type="checkbox"/> Smoke? | <input type="checkbox"/> Contact lenses? |

Do you take any of the following medication regularly?

- | | |
|---|---|
| <input type="checkbox"/> Anti-histamines | <input type="checkbox"/> Oral contraceptives/Hormones |
| <input type="checkbox"/> Decongestants | <input type="checkbox"/> Acne treatment |
| <input type="checkbox"/> Anti-depressants | <input type="checkbox"/> Blood pressure/Diuretics |

Have you been diagnosed with any of these conditions?

- | | |
|---|--|
| <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Lupus | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Sjogren syndrome | <input type="checkbox"/> Sleep apnea |

- Over the age of 50?
- Post-menopausal female?
- Sleep with ceiling or box fan going?
- History of laser eye surgery?